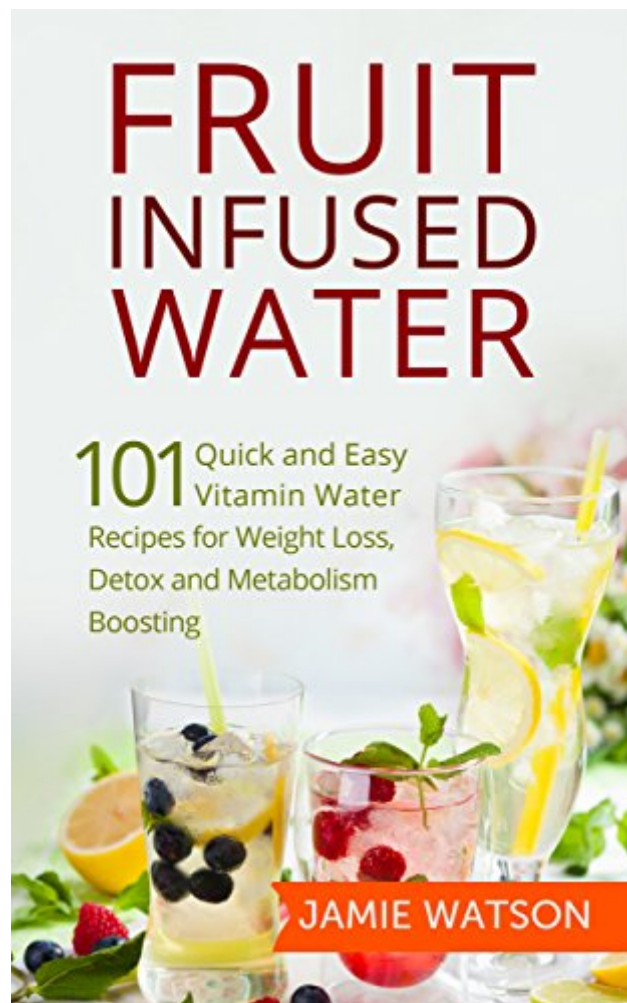


The book was found

Fruit Infused Water: 101 Fruit Infused Water Recipes For Weight Loss, Detox And Metabolism Boosting Vitamin Water



Synopsis

Fruit Infused Water: 101 Fruit Infused Water Recipes for Weight Loss, Detox and Metabolism Boosting: Vitamin Water, Fruit Infused Water, Natural Vitamin WaterI want to thank you and congratulate you for downloading the book, "Fruit Infused Water: 101 Natural Vitamin Water Recipes" This book contains different Vitamin Water Recipes without additives. You will get to drink nothing but natural vitamin water that is good for your health. It is also economical and you can share it with your entire household. It is quick and easy to prepare. You can store your homemade vitamin water in the fridge for three days, but with these delicious recipes you will surely want to immediately gulp it down to the last drop. Here Is A Preview Of What You'll Learn... 14 Refreshing Mint Fruit Infused Water 13 Ginger All the Way Recipes 26 Tropical Fruit Infused Water Recipes 10 Go Loco Over Coco Vitamin Water Recipes 17 Berry Delicious Fruit Infused Water 15 Citrus Burst Vitamin Water Recipes 6 Flower in the Fruit Infused Water Would You Like To Know More? Get this book and join thousands of people that already use these vitamin water recipes to lose weight and live healthy lives. Scroll to the top of the page and click the buy button to instantly download this book to your pc, mobile device or Kindle---Tag : coconut oil, detox diet, detox cleanse, fatty liver, liver cleanse, 10 day detox diet, liver detox, fruit infused water, vitamin water

Book Information

File Size: 2399 KB

Print Length: 88 pages

Simultaneous Device Usage: Unlimited

Publication Date: January 14, 2015

Sold by: "Digital Services LLC"

Language: English

ASIN: B00SA860DK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #291,286 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #86

in "Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Vitamins

#89 in "Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Nutrition > Vitamins &

Customer Reviews

I like this book very much. Jamie Watson introduces us over 101 quick, easy and natural vitamin water recipes without additives. Instead of serving junk and flavor added drinks, we can serve ourselves and our guests vitamin contained natural food drinks. I am sure our guests will remember us forever for our vitamin infused juices we served them. It is wonderful to know that we can prepare such a tasty drinks using commonly available ingredients like mint, lemon, ginger, papaya, pineapple, etc. It is really a great book for those who want to serve tasty and delicious drinks giving importance to health.

This book is really informative. It gives you many ideas on how to infuse water with all kind of delicious fruits. It also gives you nutritional benefits of the water/fruit combination. I have made several of these. They are way yummy! :) Good Stuff!! highly recommend it.

For me, this is a very refreshing take on incorporating the benefits of fruits into your regular diet and itâ€™s great for those who want to increase their water intake but find drinking water on its own, too plain and even for those who just want to do something different about their daily water intake, without compromising quality and health! This book is really informative. It gives you many ideas on how to infuse water with all kind of delicious fruits. It also gives you nutritional benefits of the water/fruit combination. The author has put extra efforts in writing such a masterpiece. The quality of material of this book is worth more than its price. Easy to understand content for everyone. From me, I will definitely rate this book and the author's efforts a 5-STAR.

What incredible recipe ideas for infused water! Home-made infused water is so much better than the store bought ones. The taste is incredible. This book is filled with tons of recipe ideas of which I am definitely going to try. While the recipes are written simply and the directions are easy to follow, what would definitely make this book even better is if the author had included some illustrations of the completed recipes. Other than this the book is great! I definitely recommend this book to anyone wanting to be healthier or just wanting to try something new.

The handsome, healthy Jamie Watson has written three books that demonstrate his concern for his and our health â€“ “ANTI INFLAMMATORY DIET, LOW CARB RECIPES and now FRUIT INFUSED

WATER. The books are well designed and easily accessible and when used on a regular basis, better health is on the way. Jamie explains the value of natural fruit to our diet and our body's well being in a manner that simply makes good sense. The verbiage is kept to a minimum – " Jamie is more concerned that we understand the concept and the technique of infusing fruits into water, creating drinks that are not only delicious but also enhance our ambition for weight loss and for detoxing our system and boosting our metabolism. The keen aspect of this book is the quality of recipes and how simple (and storable) the products of our newfound labor can be. The in excess of 100 recipes are based on the use of ginger, tropical fruit, coconut, berries, citrus and even flowers! Who would imagine that some as easy to accomplish as these recipes would satisfy hunger, thirst and at the same time add to our good health? Refreshing! Grady Harp, January 16

I've always wanted to have a recipe book about "fruit infused water", and this is what I exactly looking for! For health purposes I desire to reduce sugar, caffeine and unnatural sweeteners in my meals. Having plain water with my meals everyday, were boring and tasteless. This book provides lots of choices for flavoured water to flatter your experience.

I love this book! I like how this book is being laid out, it doesn't just go directly to the recipes but instead it gives out very detailed information on Water and Health, a few harmful drinks, and some brilliant suggestions in making fruit infused water. On top of that, recipes featured in this book are awesome! Download this book, you won't regret it!

Great book with all the recipes for great tasting water! This book is perfect for someone who is trying to cut out sugary beverages and sodas out of their diet but still have a similar taste! The choices in this book are very diverse and countless. One reason I like this book is the informative bit about the benefits of drinking infused water which really opened my eyes to the value of this book!

[Download to continue reading...](#)

Fruit Infused Water: 101 Fruit Infused Water Recipes for Weight Loss, Detox and Metabolism
Boosting Vitamin Water Fruit Infused Water: 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse) Fruit Infused Water: Top 50+ Quick and Easy Vitamin Water Recipes for Weight Loss, Detox, Better Sleep, Stress Busting and Metabolism Boosting Red Smoothies: Over 80 Blender Recipes, weight loss naturally, green smoothies for weight loss, detox smoothie recipes, sugar detox, detox cleanse juice, detox ... - detox smoothie recipes Book 260) The Wonders of Water - How

H2O Can Transform Your Life: Vitality, Detox, Weight Loss, Quality Water, Benefits (Water Health, Vitality, Weight Loss, Fruit Infused Book 1) Weight Loss: 20 Proven Smoothie Recipes For Weight Loss, Health, And Energy (Lose Weight Fast, Smoothies For Weight Loss, Smoothie Recipes, Lose Weight, ... Loss Smoothies, Weight Loss Motivation,) Weight Loss: 30 Days Weight Loss Challenge - Eat More Food Lose More Weight - Turn Your Weight Loss Vision Into Reality (How to Lose, Weight Loss Tips, Women, Weight Loss Nutrition, Diet Plan) Sugar Detox: How to Cure Sugar Addictions, Stop Sugar Cravings and Lose Weight with Sugar Detox Easy Guide (Include Sugar-free Recipes to Help You Get ... free Recipes, Detox Diet, Detox Cleanse) Walking: Weight Loss Motivation: Lose Weight, Burn Fat & Increase Metabolism (Walking, Walking to Lose Weight, Walking For Weight Loss, Workout Plan, Burn Fat, Lose Weight) Power of Vitamin D: A Vitamin D Book That Contains The Most Scientific, Useful And Practical Information About Vitamin D - Hormone D DETOX SECRET & WEIGHT LOSS SMOOTHIES: Detox Secret & Weight Loss Smoothie Recipes for Everyone Who Want to Be Slim Superfoods Today Red Smoothies: Energizing, Detoxifying & Nutrient-dense Smoothies Blender Recipes: Detox Cleanse Diet, Smoothies for Weight Loss Diabetes, Detox Green Cleanse for Weight Loss Energy Tea Cleanse: 7 Day Tea Cleanse Diet Plan: How To Choose Your Detox Tea's, Shed Up To 10 Pounds a Week, Boost Your Metabolism and Improve Health (Tea Detox, ... Body Cleanse, Detox Tea, Flat Belly Tea) Tea Cleanse: 7 Day Tea Cleanse Diet: How to Choose Your Detox Teas, Boost Your Metabolism, Lose 10 Pounds a Week and Flush Out Toxins (Tea Cleanse, Tea ... Tea Cleanse Diet, Weight Loss, Detox) Detox The Body: How To Detox Your Body For Fast Weight Loss (detox health, juicing, cleanse, diet, plan, foods, eating, naturally, juice, body mind soul, essentials, drinks, guide, book) Souping: The New Juicing - Detox, Cleanse & Weight Loss (Detox, Cleanse, Weight Loss, Juicing, Gluten Free, Gut Health, Souping) JUICING: 101 Juicing Recipes For Weight Loss, Detox And Overall Health (Juicing For Weight Loss, Juicing Books, Juicing For Health) (Juicing For Beginners, Fasting and Detoxing) Weight Watchers: The Best Proven Tips, Tricks & Recipes To Simple Start, Losing Weight And Feeling Great! (weight watchers recipes, weight watchers cookbook, weight watchers 2016, weight loss) Fast Metabolism and Weight Loss: How to Boost Your Metabolism and Lose Weight Juicing: 365 Days of Juicing Recipes (Juicing, Juicing for Weight Loss, Juicing Recipes, Juicing Books, Juicing for Health, Juicing Recipes for Weight Loss, Juicing Detox, Juicing for Beginners)